NRTC makes available recreational equipment and activities sufficient to implement its recreational program. All recreational equipment necessary for the implementation of the recreation program are maintained in a safe and usable condition.

NRTC makes available in each living unit within the facility leisure-time equipment appropriate to the age, sex and developmental stage of the youth housed in each residential unit. At a minimum, this equipment includes books, games and toys. All leisure-time equipment are maintained in a usable condition.

NRTC has a written schedule for supervising organized or structured group activities.

1. Youth attend gym daily as part of their educational schedule. During gym class they have supervised instruction on use of equipment provided by the facility.
2. During waking hours at the facility there is at least one child care staff person or teacher for each ten youth.
3. There is at least one awake child care staff person for each living unit where youth are present during nighttime sleeping hours that are in within sight and sound of the youth.
4. For off-campus activities, there will be at least one child care staff person or teacher per four youth.
5. Youth on Orientation, A-Level or B-Level must be directly supervised at all times. Direct supervision means the youth are within sight and hearing of the staff or parents, and staff members are not otherwise engaged in activities that could distract them.
6. Youth on C-Level or D-Level do not need to be directly supervised at all times, but they must accurately report their whereabouts. Staff members are responsible to monitor these youth at least every fifteen minutes to ensure that their whereabouts have been accurately reported.

NRTC shall permit the youth to swim only when a person who has completed training in lifesaving or water safety is present.