

Chapter: Program
Subject: Discharge & Discharge Summary
Section: 12.9
Page: 1 of 3
ODJFS Rule: 5101: 2-5-13(A)(16); 5101: 2-5-17
Reviewed/
Revised: 9/20/19

Discharge

NRTC has a written policy that describes the conditions under which, and the procedures by which, a youth will be discharged from the program, including criteria for emergency discharges and discharges not in accordance with the youth's service plan.

NRTC 6-12 month Residential Behavioral and Therapeutic Programs

1. It is NRTC's goal to reunify youth with their families and with the community in a progressive, orderly fashion. This is achieved within the context of a structured program that assists the youth in making a satisfactory adjustment upon release from the program. This is in conjunction with his/her placing agency's case plan and or directives.
2. **Transition Phase:** Upon acceptable performance in the program, school and family portions of the Residential Phase of treatment, along with successful involvement in a Community Resource, a youth is eligible to enter TransitionPhase.
 - The youth may re-enroll in their community school, while remaining in residence at the facility. Home time is progressively increased, based on successful performance in school and at NRTC.
 - The youth must submit Weekly School Progress Reports signed by each of their teachers, in which they are rated in the following areas: Punctuality & Preparedness; Assignment Completion; Behavior; Participation; Grades.
 - The youth must maintain their Community Resource throughout Transition Phase, and they must continue to participate in family counseling sessions.
3. **Discharge:** After the successful completion of eight weeks of Transition by attending school daily, earning final grades of "C" or better in each subject, actively participating in a Community Resource, and complying with NRTC rules, a youth is eligible for termination.
 - The youth and their parent/guardian meet with the probation officer and therapist for a final session to outline aftercare services for the youth and their family.
 - If the youth is on probation, the probation officer will be responsible for petitioning the Court to terminate the youth's placement in the program, along with the Court's custody of the youth. If in Children Service Custody, the caseworker will be responsible for discharge arrangements.

Chapter: Program
Subject: Discharge & Discharge Summary
Section: 12.9
Page: 2 of 3

- Upon discharge, the youth is officially terminated from the program. However, he/she and their family may choose to maintain regular contact with the facility for continued support.

NRTC 30-45 Day ASAM 2.5 Program

South Community will meet with youth and their families and/or custodial agency to develop an after plan for treatment prior to discharge.

- South Community will assess the appropriate level of care for the youth and make recommendations to the court.
- Youth and their family will meet with their provider to determine ongoing treatment needs and be linked with appropriate ongoing services.
- The youths' Treatment Court Probation Officer will be responsible for petitioning the Court to terminate the youth's placement in the program between the 30th and 45th day, along with the Court's custody of the youth. If in Children Service Custody, the caseworker will be responsible for discharge arrangements.

Emergency Discharge/Removal

An emergency discharge or discharge not in accordance with a youth's service plan may occur for reasons including, but not limited to the following:

- When a youth presents a consistent threat to the physical wellbeing of themselves or others.
- When a youth presents a consistent threat to the physical environment of the facility and the property of others.
- When a youth shows evidence of a chronic dependence on and/or use of any controlled substance need longer AOD specific treatment than the 45 day program.
- When a youth runs away repeatedly and refuses to remain at the facility.
- When a youth fails to demonstrate an ability to benefit from the treatment program over an extended period of time.

In these cases, the Probation Officer is notified so the Court may pursue alternative resources for the youth.

Chapter: Program
Subject: Discharge & Discharge Summary
Section: 12.9
Page: 3 of 3

Discharge Summary

The discharge summary shall be prepared no earlier than thirty days before and no later than thirty days after the date of discharge.

- When a youth is planned to be or is discharged from NRTC, the facility shall prepare a written discharge summary.
- A copy of the discharge summary shall be maintained within the child's file and a copy shall be provided no later than seven days after the discharge summary is completed to the person or agency which placed the child.
- The discharge summary shall contain at a minimum:
 1. The reason for discharge.
 2. A summary of the youth's adjustment and results of the placement.
 3. A brief summary of medical, dental, optical and therapeutic services which were provided to the child.
 4. The name and official title or relationship of the person to whom the youth was released and the new location of the youth.
 5. Any recommendations for ongoing treatment.
 6. Documentation that a copy of the summary was provided to the youth's custodian.