Chapter: Program

Subject: Service Plans

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ODJFS Rule: 5101: 2-9-12; 5101:2-9-42

COA- Standard: PA-PQI 4; CR 1.07, 4; GLS 4, 5

Review/Revised: 5/12/20; 4/23/2021

The service plan is written and approved within thirty days after a youth's admission to NRTC.

The following people are involved in the development and implementation of the service plan:

- 1. The youth as appropriate to age and functioning level.
- 2. The parent, guardian or identified family members.
- 3. The individual or agency that placed the youth.
 - The youth's Probation Officer serves as NRTC's contact person for the placing agency, Montgomery County Juvenile Court.
- 4. The guardian ad litem and probation officer, if applicable.
- 5. Staff members who provide direct care, counseling, group work, recreation, education and health services, and other service providers if applicable.

The service plan will receive written approval by at least one of the following:

- 1. A licensed social worker.
- 2. A licensed independent social worker.
- 3. A licensed professional counselor.
- 4. A licensed professional clinical counselor.

The service plan contains the following information at a minimum:

- 1. A statement of goals and objectives the placement is designed to achieve including the timeframe for meeting the placement goals and objectives.
- 2. A statement of the placement plans and aftercare services upon discharge.
- 3. A description of educational, counseling, recreational, vocational, religious and health care activities or services that will be provided to the youth by NRTC.
- 4. A description of any specialized services that will be provided or arranged.
- 5. Frequency of progress reports to be provided to the agency having custody which placed the youth.
 - NRTC shall provide monthly progress reports to the MCJC Probation Officer if placed by Montgomery County Juvenile Court.
 - NRTC shall provide monthly progress reports to the MCCS Case Worker if placed by Montgomery County Children Services.
- 6. Specifications for visitation between the youth and family or friends, pursuant to rule 5101: 2-9-16 of the Administrative Code (See Policy 12.3).

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- 7. A behavior intervention plan that identify each behavioral management technique to be used with the youth and the techniques that are contraindicated based upon the youth's medical, psychological or developmental history. Behavioral management techniques selected are based, at a minimum, upon the following considerations:
 - a) The age of the youth.
 - b) The nature, pattern and number of complaints or adjudicated felonies against the vouth.
 - c) The previous placement history of the youth (absences without leave, disciplinary problems).
 - d) An assessment completed by a certified or licensed health care professional that documents whether there are medical contraindications to the use of specific behavior management interventions or behavior management techniques.
 - e) An assessment completed by a certified or licensed practitioner of behavioral science that documents whether there are psychological or developmental contraindications to the use of specific behavior management interventions or behavior management techniques.
- 8. Specifications for supervision of the youth.
- 9. The signature of the youth and parent/or legal guardian.

Youth participate in all service decisions and receive service in a non-coercive manner that protects their rights and self-determination. They are involved with decisions regarding the services they receive and can request that a review of their care, treatment and service plan be conducted at any time. Youth may refuse treatment, service or medication; however, they will be informed that consequences for such refusal may be had up to and including termination. Youth placed by the Court may be schedule a hearing to discuss the youth's refusal or lack of participation in services.

At least every ninety days after the initial service plan approval, all individuals involved in the development and implementation of a service plan shall review the entire plan and, in consultation with the agency having custody of the youth, make any necessary amendments to the service plan. Such reviews are documented in the case record, and include an assessment of the current adjustment of each youth and a determination of whether they should remain at the NRTC. Each review receives written approval by a licensed social worker, licensed independent social worker, licensed professional counselor, or a licensed professional clinical counselor.