Proposed: 7/12
Revised: 9/14, 8/16, 10/17, 5/21, 6/22, 6/23

MONTGOMERY CO. DETENTION CENTER, OH

Juvenile Menu

Cycle Average 2900 Calories Per Day

Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs (Grades 9-12)– Jan. 2012
Fluid milk choice at breakfast and lunch must be low-fat (1 percent milk fat or less, unflavored) or fat-free (unflavored or flavored).
This institution is an equal opportunity provider

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Week: 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Meal Name: Breakfast						
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
Toasted Oats Cereal 1 cup	T. Ham 1 ozw	Scrambled Eggs 3 ozw	Breakfast Sausage (1 ozw each) 1 patty	Toasted Oats Cereal 1 cup	Scrambled Eggs 3 ozw	Whole Grain Bagel 1 each
Whole Grain French Toast Sticks 2 each	Whole Wheat Bread 2 slice	Cajun Potatoes LF 1/2 cup	Whole Grain Waffles 2 each	Cajun Potatoes LF 1/2 cup	Whole Grain Pancakes 2 each	Whipped Margarine 1/3 ozw
Syrup 1 fl oz	Whipped Margarine 1/3 ozw	WG Flour Tortilla (6") 2 each	Syrup 1 fl oz	Whole Wheat Bread 1 slice	Syrup 1 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion
Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz	Salsa 1 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet
Sugar 1 packet	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Milk-Student Choice (Half Pint) 1 each	Sugar 1 packet	Milk-Student Choice (Half Pint) 1 each	Jelly 1/2 fl oz
Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each		Whipped Margarine 1/3 ozw		Milk-Student Choice (Half Pint) 1 each
				Milk-Student Choice (Half Pint) 1 each		
Meal Name: Lunch						
Whole Grain T. Sausage & Cheese Pizza 1 each	T. Hot Dogs (1.5 oz each) 2 each	T. Ham 4 ozw	Sloppy Joe (2.5 MMA)– 4 ozw	Farmhouse Stew LF/LS (3 oz/ 1 c veg)– 12 ozw	Smoked T. Sausage (3 oz each) 1 each	T. Ham 4 ozw
Broccoli LF 1/2 cup	Ketchup & Mustard Packets 1 each	Whole Grain Brown Rice LF 1 cup	Whole Grain Mac & Cheese 3/4 cup	Whole Grain Brown Rice LF 1/2 cup	Mustard 1 packet	Mustard 1 packet
Green Beans LF 1/2 cup	Pinto Beans LF 3/4 cup	Pinto Beans LF 3/4 cup	Peas & Carrots LF 1 cup	Mixed Vegetables LF 1/2 cup	Pinto Beans LF 3/4 cup	Cottage Fries LF 3/4 cup
Fruit (1@ or 1/2 cup equivalent) 1 portion	Carrots LF 1/2 cup	Cabbage LF 1/2 cup	Whole Wheat Bread 2 slice	Whole Wheat Bread 1 slice	Green Beans LF 1/2 cup	Carrots LF 1/2 cup
100% Juice (4 oz) 1 each	Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whole Wheat Bread 2 slice	Whole Wheat Bread 2 slice
Milk-Student Choice (Half Pint) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion
Pepper 1 packet	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Pepper 1 packet	Pepper 1 packet	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each
	Pepper 1 packet				Pepper 1 packet	Pepper 1 packet
Meal Name: Dinner						
Meatballs (1/2 oz each) 6 each	Crispy Chicken Patty (3 ozw each) 1 patty	Charbroiled Patty (3 ozw) 1 patty	Baked Meatloaf (3 ozw each) 1 patty	Glazed BBQ Patty (3 ozw each) 1 patty	Tex-Mex Taco Filling (3 oz)– 4 ozw	Roast Turkey 3 ozw
Gravy 3 fl oz	Gravy 3 fl oz	Mustard 1 packet	Gravy 3 fl oz	Pasta Salad 1 cup	Taco Sauce 1 packet	Gravy 3 fl oz
Rice 1 cup	AuGratin Potatoes 1 cup	O'Brien Potatoes 1 cup	Mashed Potatoes 1 cup	Peas 1/2 cup	Rice 1 cup	Parsley Potatoes 1 cup
Mixed Vegetables 1/2 cup	Broccoli 1/2 cup	Carrots 1/2 cup	Green Beans 1 cup	Enriched Bread or Rolls 2 slice	Corn 1/2 cup	Mixed Vegetables 1/2 cup
Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Whipped Margarine 1/2 ozw	Flour Tortilla (6") 2 each	Enriched Bread or Rolls 2 slice
Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Sandwich Cookies 5 each	Whipped Margarine 1/2 ozw	Sandwich Cookies 5 each	Iced Cake 1/54 cut	Whipped Margarine 1/2 ozw
Sandwich Cookies 5 each	Frosted Cake 1/54 cut	Sweetened Tea 1 cup	Iced Cake 1/54 cut	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Sandwich Cookies 5 each
Sweetened Tea 1 cup	Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup
Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each		Salt & Pepper Packets 1 each			Salt & Pepper Packets 1 each
Meal Name: Evening Snack						
Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich
1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to rebeating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.
~This item made with mechanically separated poultry in accordance with USDA standards.
NUTRITION STATEMENT: This menu meets the nutritional guidelines of the American Correctional Association which are based upon the current DRI's for juveniles males and females 9 to 18 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included.

FLM QUARTERLY MENU REVIEW (Initial/date) Q1_____ Q2_____ Q3_____ Q4_____
In accordance with ACA Standard (ref. 3-ALDF-4C-04) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed: 6/23 ARAMARK Dietitian's Signature: Kim Dungan, RD-LD/CSSD Client's Signature: Cassandra Burnett-Hill Date: 9-21-23 FLM Signature: Date:

Proposed: 7/12
Revised: 9/14, 8/16, 10/17, 6/21, 6/22, 6/23

MONTGOMERY CO. DETENTION CENTER, OH

Juvenile Menu

Cycle Average 2900 Calories Per Day

Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs (Grades 9-12)– Jan. 2012
Fluid milk choice at breakfast and lunch must be low-fat (1 percent milk fat or less, unflavored) or fat-free (unflavored or flavored).
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Week: 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Meal Name: Breakfast						
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
Breakfast Sausage (1 ozw each) 1 patty	Toasted Oats Cereal 1 cup	Scrambled Eggs 3 ozw	Whole Grain Bagel 1 each	Scrambled Eggs 3 ozw	Toasted Oats Cereal 1 cup	Toasted Oats Cereal 1 cup
Whole Wheat Bread 2 slice	Whole Grain French Toast Sticks 2 each	Whole Wheat Bread 2 slice	Turkey Bacon 2 slice	Whole Wheat Bread 2 slice	Whole Grain Pancakes 2 each	Scrambled Eggs 3 ozw
Fruit (1@ or 1/2 cup equivalent) 1 portion	Syrup 1 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whipped Margarine 1/3 ozw	Syrup 1 fl oz	Whole Wheat Bread 2 slice
Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz	Milk-Student Choice (Half Pint) 1 each	Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion
Milk-Student Choice (Half Pint) 1 each	Sugar 1 packet	Milk-Student Choice (Half Pint) 1 each		Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet	Sugar 1 packet
	Milk-Student Choice (Half Pint) 1 each			Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each
Meal Name: Lunch						
100% Beef Patty (4 ozw raw) 1 patty	Sloppy Joe (2.5 MMA)– 4 ozw	T. Hot Dogs (1.5 oz each) 2 each	Whole Grain T. Sausage & Cheese Pizza 1 each	Tex-Mex Taco Filling (2.5 MMA)– 4 ozw	Farmhouse Stew LF/LS (3 oz/ 1 cveg)– 12 ozw	Chicken Nuggets WG 6 each
Mustard 1 packet	O'Brien Potatoes LF 3/4 cup	Ketchup & Mustard Packets 1 each	Pinto Beans LF 3/4 cup	Whole Grain Brown Rice LF 1/2 cup	Whole Grain Brown Rice LF 1/2 cup	BBQ Sauce 1 3 oz
Pinto Beans LF 3/4 cup	Cabbage LF 1/2 cup	Potatoes Lyonnaise LF 3/4 cup	Mixed Vegetables LF 1/2 cup	Corn LF 3/4 cup	Broccoli LF 1/2 cup	Celery Sticks 1/2 cup
Carrots LF 1/2 cup	Whole Wheat Bread 2 slice	Carrots LF 1/2 cup	Fruit (1@ or 1/2 cup equivalent) 1 portion	Shredded Lettuce 1/2 cup	Whole Wheat Bread 1 slice	Carrots LF 1/2 cup
Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whole Wheat Bread 2 slice	100% Juice (4 oz) 1 each	Whole Grain Flour Tortilla (10") 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whole Wheat Bread 1 slice
Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Milk-Student Choice (Half Pint) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion
100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	100% Juice (4 oz) 1 each	Pepper 1 packet	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	100% Juice (4 oz) 1 each
Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Milk-Student Choice (Half Pint) 1 each		Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Milk-Student Choice (Half Pint) 1 each
Pepper 1 packet		Pepper 1 packet		Pepper 1 packet		Pepper 1 packet
Meal Name: Dinner						
Country Patty (3 ozw each) 1 patty	Salisbury Steak (3 ozw each) 1 patty	Oven Fried Breaded Fish Patty (3 ozw) 1 patty	Glazed BBQ Patty (3 ozw each) 1 patty	Meatballs (1/2 oz each) 6 each	Crispy Chicken Patty (3 ozw each) 1 patty	Salad Meatloaf (3 ozw each) 1 patty
Gravy 3 fl oz	Gravy 3 fl oz	Tartar Sauce 1 packet	Macaroni & Cheese 1 cup	Noodles w/ Tomato Sauce 1 cup	Parsley Potatoes 1 cup	Gravy 3 fl oz
Rice 1 cup	Scalloped Potatoes 1 cup	Parsley Noodles 1 cup	Peas 1/2 cup	Carrots 1/2 cup	Cabbage 1/2 cup	Mashed Potatoes 1 cup
Peas & Carrots 1/2 cup	Green Beans 1/2 cup	Mixed Vegetables 1/2 cup	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Green Beans 1/2 cup
Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Enriched Bread or Rolls 2 slice
Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Sandwich Cookies 5 each	Iced Cake 1/54 cut	Sandwich Cookies 5 each	Whipped Margarine 1/2 ozw
Iced Cake 1/54 cut	Sandwich Cookies 5 each	Iced Cake 1/54 cut	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Iced Cake 1/54 cut
Sweetened Tea 1 cup	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup
Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each				Salt & Pepper Packets 1 each
Meal Name: Evening Snack						
Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich
1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each

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--This item made with mechanically separated poultry in accordance with USDA standards.
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FLM QUARTERLY MENU REVIEW (Initial/date) Q1_____ Q2_____ Q3_____ Q4_____
In accordance with ACA Standard (std. 3-ALDF-4C-04) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed: 8/23 ARAMARK Dietitian's Signature: Clint's Signature: Cassandra Brull-Wilk Date: 9-21-23 FLM Signature: Date:

Proposed: 7/12
Revised: 9/14, 5/16, 10/17, 5/21, 6/22, 8/23

MONTGOMERY CO. DETENTION CENTER, OH

Juvenile Menu

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Week: 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Meal Name: Breakfast						
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
Breakfast Sausage (1 ozw each) 1 patty	Scrambled Eggs 3 ozw	Toasted Oats Cereal 1 cup	Toasted Oats Cereal 1 cup	Breakfast Sausage (1 ozw each) 1 patty	Scrambled Eggs 3 ozw	Toasted Oats Cereal 1 cup
Hash Browns LF 1/2 cup	Whole Wheat Bread 2 slice	Whole Grain French Toast Sticks 2 each	Whole Wheat Bread 1 slice	Whole Grain Bagel 1 each	Whole Wheat Bread 2 slice	Whole Grain Pancakes 2 each
Whole Grain Biscuit 1 each	Whipped Margarine 1/3 ozw	Syrup 1 fl oz	Whipped Margarine 1/3 ozw	Whipped Margarine 1/3 ozw	Whipped Margarine 1/3 ozw	Syrup 1 fl oz
Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion
Milk-Student Choice (Half Pint) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet	Sugar 1 packet	Milk-Student Choice (Half Pint) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet
	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each		Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each
Meal Name: Lunch						
T. Bologna 4 ozw	T. Hot Dogs (1.5 oz each) 2 each	Whole Grain Spanish Rice (2.5 MMA)– 10 ozw	Sloppy Joe (2.5 MMA)– 4 ozw	T. Bologna 4 ozw	Whole Grain Rotini & Italian Sauce (2.5 MMA)– 10 ozw	Whole Grain American Goulash (2.5 MMA)– 10 ozw
Mustard 1 packet	Ketchup & Mustard Packets 1 each	Peas LF 1/2 cup	Cottage Fries LF 3/4 cup	Mustard 1 packet	Carrots LF 1/2 cup	Corn LF 1/2 cup
Potatoes Lyonnaise LF 3/4 cup	Black Beans LF 3/4 cup	Garden Salad 1 cup	Mixed Vegetables LF 1/2 cup	AuGratin Potatoes LF 3/4 cup	Green Beans LF 1/2 cup	Broccoli LF 1/2 cup
Broccoli LF 1/2 cup	Carrots LF 1/2 cup	Salad Dressing LF 1/2 fl oz	Whole Wheat Bread 2 slice	Cabbage LF 1/2 cup	Whole Wheat Bread 1 slice	Whole Wheat Bread 1 slice
Whole Wheat Bread 2 slice	Whole Wheat Bread 2 slice	Whole Wheat Bread 1 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion
Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each
Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Pepper 1 packet
Pepper 1 packet	Pepper 1 packet	Pepper 1 packet		Pepper 1 packet		
Meal Name: Dinner						
Meatballs (1/2 oz each) 6 each	Crispy Chicken Patty (3 ozw each) 1 patty	Roast Turkey 3 ozw	Salisbury Steak (3 ozw each) 1 patty	Glazed BBQ Patty (3 ozw each) 1 patty	Smoked T. Sausage (3 oz each) 1 each	T. Bologna 2 ozw
Gravy 3 fl oz	Noodles w/ Tomato Sauce 1 cup	Gravy 3 fl oz	Cream Gravy 3 fl oz	Noodles with Garlic & Margarine 1 cup	Pinto Beans 1 cup	Cheese (0.6 ozw/slice) 2 slice
Rice 1 cup	Corn 1/2 cup	Mashed Potatoes 1 cup	Rice 1 cup	Peas & Carrots 1/2 cup	Mixed Vegetables 1/2 cup	Mustard 1 packet
Mixed Vegetables 1/2 cup	Enriched Bread or Rolls 2 slice	Carrots 1/2 cup	Green Beans 1/2 cup	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Cottage Fries 1 cup
Enriched Bread or Rolls 2 slice	Whipped Margarine 1/2 ozw	Southern Cornbread 1/54 cut	Fresh Baked Roll (1 ozw) 2 each	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Broccoli 1/2 cup
Whipped Margarine 1/2 ozw	Iced Cake 1/54 cut	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Lemon Square 1/54 cut	Sandwich Cookies .5 each	Enriched Bread or Rolls 2 slice
Sandwich Cookies .5 each	Sweetened Tea 1 cup	Lemon Square 1/54 cut	Iced Cake 1/54 cut	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Sandwich Cookies .5 each
Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup
Salt & Pepper Packets 1 each		Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each			Salt & Pepper Packets 1 each
Meal Name: Evening Snack						
Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich
1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each

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~This item made with mechanically separated poultry in accordance with USDA standards.
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In accordance with ACA Standard (ref. 3-ALDF-4C-04) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed: 6/23 ARAMARK Dietitian's Signature: Lisa Dunigan, RD, LD/N Client's Signature: Cassandra Burrell-Wh 9-21-23 Date: FLM Signature: Date:

Proposed: 7/12
Revised: 9/14, 8/15, 10/17, 5/21, 6/22, 5/23

MONTGOMERY CO. DETENTION CENTER, OH

Juvenile Menu

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aramark

Week: 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Meal Name: Breakfast						
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each
Turkey Bacon 2 slice	Toasted Oats Cereal 1 cup	Scrambled Eggs 3 ozw	Scrambled Eggs 3 ozw	Toasted Oats Cereal 1 cup	Toasted Oats Cereal 1 cup	Breakfast Sausage (1 ozw each) 1 patty
Hash Browns LF 1/2 cup	Whole Grain French Toast Sticks 2 each	Whole Wheat Bread 2 slice	Hash Browns LF 1/2 cup	Hash Browns LF 1/2 cup	Whole Grain Pancakes 2 each	Whole Wheat Bread 2 slice
Whole Wheat Bread 2 slice	Syrup 1 fl oz	Jelly 1/2 fl oz	Whole Grain Biscuit 1 each	Whole Wheat Bread 1 slice	Syrup 1 fl oz	Whipped Margarine 1/3 ozw
Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz	Fruit (1@ or 1/2 cup equivalent) 1 portion	Jelly 1/2 fl oz
Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	Sugar 1 packet	Fruit (1@ or 1/2 cup equivalent) 1 portion
Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each			Sugar 1 packet	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each
				Milk-Student Choice (Half Pint) 1 each		
Meal Name: Lunch						
T. Hot Dogs (1.5 oz each) 2 each	T. Bologna 4 ozw	100% Beef Patty (4 ozw raw) 1 patty	Meatballs (1/2 oz each) 8 each	T. Ham 4 ozw	Sloppy Joe (2.5 MMA)– 4 ozw	Whole Grain Spaghetti w/Italian Sauce (2.5 MMA)– 10 ozw
Ketchup & Mustard Packets 1 each	Mustard 1 packet	Mustard 1 packet	Mashed Potatoes LF 3/4 cup	Mustard 1 packet	Corn LF 1/2 cup	Mixed Vegetables LF 1 cup
Black Beans LF 3/4 cup	Potatoes Cajun LF 3/4 cup	Pinto Beans LF 3/4 cup	Peas & Carrots LF 1/2 cup	Cottage Fries LF 3/4 cup	Carrots LF 1/2 cup	Whole Wheat Bread 1 slice
Carrots LF 1/2 cup	Cabbage LF 1/2 cup	Whole Grain Pasta Salad (1/4 c Veg) 3/4 cup	Whole Wheat Bread 2 slice	Broccoli LF 1/2 cup	Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion
Whole Wheat Bread 2 slice	Whole Wheat Bread 2 slice	Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	Whole Wheat Bread 2 slice	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each
Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	Fruit (1@ or 1/2 cup equivalent) 1 portion	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each
100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	100% Juice (4 oz) 1 each	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet
Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	Milk-Student Choice (Half Pint) 1 each	Pepper 1 packet	
Pepper 1 packet	Pepper 1 packet	Pepper 1 packet		Pepper 1 packet		
Meal Name: Dinner						
Oven Fried Breaded Fish Patty (3 ozw) 1 patty	Glazed BBQ Patty (3 ozw each) 1 patty	Roast Turkey 3 ozw	Smoked T. Sausage (3 oz each) 1 each	Charbroiled Patty (3 ozw) 1 patty	Salisbury Steak (3 ozw each) 1 patty	Crispy Chicken Patty (3 ozw each) 1 patty
Tartar Sauce 1 packet	Macaroni & Cheese 1 cup	Gravy 3 fl oz	Gravy 3 fl oz	Rice 1 cup	Gravy 3 fl oz	Gravy 3 fl oz
O'Brien Potatoes 1 cup	Mixed Vegetables 1/2 cup	Parsley Potatoes 1 cup	Noodles 1 cup	Green Beans 1/2 cup	Mashed Potatoes 1 cup	Cottage Fries 1 cup
Peas 1/2 cup	Enriched Bread or Rolls 2 slice	Green Beans 1/2 cup	Mixed Vegetables 1/2 cup	Enriched Bread or Rolls 2 slice	Peas 1/2 cup	Cabbage 1/2 cup
Enriched Bread or Rolls 2 slice	Whipped Margarine 1/2 ozw	Enriched Bread or Rolls 2 slice	Enriched Bread or Rolls 2 slice	Whipped Margarine 1/2 ozw	Enriched Bread or Rolls 2 slice	Garlic Bread or Roll 2 slice
Whipped Margarine 1/2 ozw	Sandwich Cookies 5 each	Whipped Margarine 1/2 ozw	Whipped Margarine 1/2 ozw	Iced Cake 1/54 cut	Sandwich Cookies 5 each	Whipped Margarine 1/2 ozw
Iced Cake 1/54 cut	Sweetened Tea 1 cup	Iced Cake 1/54 cut	Sandwich Cookies 5 each	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Frosted Cake 1/54 cut
Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup	Sweetened Tea 1 cup	Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each	Sweetened Tea 1 cup
Salt & Pepper Packets 1 each		Salt & Pepper Packets 1 each	Salt & Pepper Packets 1 each			Salt & Pepper Packets 1 each
Meal Name: Evening Snack						
Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Whole Grain Muffin (1 oz) 1 muffin	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich	Peanut Butter & Jelly Sandwich (1 MMA / 1 oz Jelly) 1 sandwich
1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each	1% Milk (Half Pint) 1 each

All entree portions purchased fully cooked, within manufacturer tolerance specifications, are weight measurements prior to reheating. Casseroles and combination items made from scratch are based upon approximate cooked weight measurements. Weights on cookies, bread, rolls, and breadsticks made from mix or scratch are prior to baking. Pancakes made from mix or scratch are batter volume measurement prior to cooking. Side dishes are volume measurements. All starches, vegetables, and cooked cereal are prepared with margarine unless indicated as LF (Low Fat). No pork is used unless item is named pork. Imitation cheese with calcium is used.
–This item made with mechanically separated poultry in accordance with USDA standards.
NUTRITION STATEMENT: This menu meets the nutritional guidelines of the American Correctional Association which are based upon the current DRI's for juveniles males and females 9 to 18 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included.

FLM QUARTERLY MENU REVIEW (initial/date) Q1_____ Q2_____ Q3_____ Q4_____
In accordance with ACA Standard (ref. 3-ALDF-4C-04) (MANDATORY) Menu evaluations are conducted at least quarterly by food service supervisory staff to verify adherence to the established daily servings.

Reviewed: 6/23 ARAMARK Dietitian's Signature: Client's Signature: Date: FLM Signature: Date: