

Chapter: Food Service
Subject: Food & Nutrition
Section: 6.1
Page: 1 of 1
ODCY Rule: 5180: 2-9-20
COA Standard: GLS
Revised: 5/7/20; 8/24/22; 1/1/26

NRTC makes available or makes provision for each youth to have available three nutritious meals per day scheduled at regular intervals. If more than four hours elapse between any two meals, or if fourteen hours elapse between the evening meal and breakfast, a nutritious snack shall be served.

The youth's daily allowance of food will meet the most recent dietary guidelines for Americans published by the Food and Nutrition Information Center of the United State Department of Agriculture (USDA), as adjusted for the age and sex of each youth in the facility and referenced in Rule 5180:2-9-20 of the OAC.

All meats subject to inspection will be inspected and graded by the federal or state Department of Agriculture.

A minimum of three daily servings of pasteurized milk, vitamin D fortified, will be provided in recommended amounts according to each youth's age and sex.

NRTC prepares menus at least one week in advance. Cycle menus, if used, will be at least three weeks long.

1. NRTC prepares four-week cycle menus, which are rotated on a seasonal basis. NRTC creates its own menus, which are approved by the Ohio Department of Education (ODE). As a participant in the National School Lunch Program, NRTC is evaluated and inspected by ODE, in addition to regular inspections by Public Health-Dayton and Montgomery County. This institution is an equal opportunity provider.

NRTC will not interfere with documented medical dietary restrictions or religious dietary restrictions of an individual youth.

Meals provided by NRTC for direct child care staff are the same as those provided for the youth.

During special events or education purposes, staff and youth may assist in meal planning. Meals are still required to meet the specified standard.

Chapter: Sanitation & Hygiene
Subject: Water Supply
Section: 6.2
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ODCY Rule: 5180: 2-9-04(D)
Revised: 5/7/20; 1/1/26

NRTC has a continuous supply of clean drinking water. If the facility's water supply is not obtained from a municipal water supply, a water district water supply or a vendor of bottled water, the water supply will be tested and approved by a municipal or county health department or by the Ohio department of health prior to initial certification or recertification.

1. NRTC's water is supplied by the Dayton Public Water System, which is obligated to ensure that the public water system is operated and maintained in accordance with the requirements of chapter 6109 of the Ohio Revised Code.

Chapter: Food Service
Subject: Kitchens & Kitchen Supplies
Section: 6.3
Page: 1 of 1
ODCY Rule: 5180: 2-9-30
COA Standard: ASE
Revised: 5/7/20; 1/1/26

NRTC has a food service license for our kitchen in which meals are prepared, in accordance with the health regulations requirements of sections 3717.02-3717.99 of the Revised Code and Chapter 3701-21 of the Administrative Code pertaining to food service operation as administered and enforced by the local department of health.

1. Inspectors from Public Health Dayton & Montgomery County perform regular inspections of the facility and kitchens. Food Service Operation Licenses are issued by the Ohio Department of Health for the kitchen in the facility.

NRTC has both permanent and disposable utensils and appliances for storage and preparation of meals served in the facility at all times. Our food serving location at NRTC are equipped with permanent or disposable dishes, including serving dishes, cups, glasses and silverware sufficient to serve the population assigned to eat at NRTC.